



Intercollegiate Basic Surgical Skills Course

Programme

DAY ONE

TIME	SESSION	FACULTY	ROOM
0800-0830	Registration and Refreshments Faculty meeting		
0830-0840	Introduction and statement of course objectives, assessment overview		
0840-0900	Gowning and Gloving - Double gloving and gown/glove removal		
0900-0930	Handling Instruments Scissors, haemostats, forceps and scalpel		
0930-1030	Knots - One-handed reef knot and surgeons knot		
1030-1045	Refreshments	<i>All</i>	
1045-1140	Knots (continued) instrument tie and tying at depth		
1140-1300	Suturing Techniques Needles and incisions Interrupted sutures, simple and mattress sutures; sub-cuticular suture		
1300-1340	Lunch	<i>All</i>	
13.40 14.30	Skin Lesions and Local Anaesthetic Techniques Techniques for tissue dissection Application of local anaesthetic Excising a skin lesion and sebaceous cyst		
1430-1510	Ligation/Transfixion - Pedicle transfixion, continuity tie, pedicle tie		
1510-1610	Tissue-Handling 1 Bowel: End-to-end interrupted (hand tied knots, no assistance)		
16.10-1740	Abdominal Closure and Drain Insertion (assisted) Aberdeen Knot ,drain insertion, continuous suture, the art of assisting		
17.40-18.00	Discussion and feedback		

- *During the last 20 minutes assessment and feedback sheets should be completed with individual participants*

DAY TWO

TIME	SESSION	FACULTY	ROOM
08.15- 08.30	Morning Refreshments	All	
08.30- 09.00	Reprise of knot tying Common faults		
09.00-09.45	Tendon repair		
09.45-09.55	Abscess drainage [no assistance]		
0955-1045	Debriding a traumatic wound		
10.45-11.00	Refreshments		
11.00 13.00	Vascular surgery principles Vein patch exercise [assisted]		
13.00 1345	Lunch		
1345 1400	introduction to Generic Endoscopic Surgery Principles of camera technique, depth cueing, fulcrum effect Box Trainers		
1400 1600	Exercises: Placing peas in a pot, stacking sugar cubes, cutting a glove, putting Polos on a string and tying knots on a skin pad		
1600 16.30	Skin suture OSAT		
1630-17.00	<i>Discussion and Close</i>		

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